

FROM (Flat River Outreach Ministries) is the Greater Lowell community hub where hope, resources, and gifts are shared. Our 2019 Annual Report provides financial information along with the number of individuals and families served in each of our programs.

Operating with a small staff, FROM relies on volunteers in programs as well as Treasures Thrift Shop. In 2019, volunteers served **over 41,225 hours** at FROM. This is equivalent to more than 20 full-time employees! We are so thankful for each and every one of our volunteers!

In 2019, we were able to serve our neighbors living in the Lowell Area School District who had needs in areas related to **healthy food**, **resource connection**, and **family support**.

Healthy Food Options

Christmas Food Basket	268 Households were given a holiday meal
Food Commodities	692 Households received food
Food Pantry	2,068 Households shopped in the food pantry
Kid's Lunch Buddies	7,920 Meals given to 329 children/ 131 families
Mobile Food Pantry	697 Households were given food
Senior Commodities	310 Older Adults received food



Connections Office

Connections Office	325 Phone calls and 121 appointments for help
Financial Services	38 Households assisted

"They [FROM] just went above and beyond."

- Connections Office Participant

Family Support

Christmas Toy Store	387 Children/ 154 families received gifts
Income Tax Assistance	306 Households received \$451,946 in refunds
Kid's Backpacks	326 Children were given backpacks
Medical Equipment Loan	579 Pieces of equipment loaned
Neighbor to Neighbor	4 Households received service



Revenue and Expenses on Back

FROM (Flat River Outreach Ministries)

11535 Fulton Street East, Lowell, MI 49331 ph: (616) 897-8260 www.fromlowell.org

2019 Revenue

Cash Revenue

Contributions

Cash Donations	\$	301,528
Pledge Write Off		(104,000)

Program Revenue

Thrift Shop Sales	343,542
Rent Income	39,646

Grants

Grant Income	58,893
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Other

Investment Income	62,199
Other	(618)

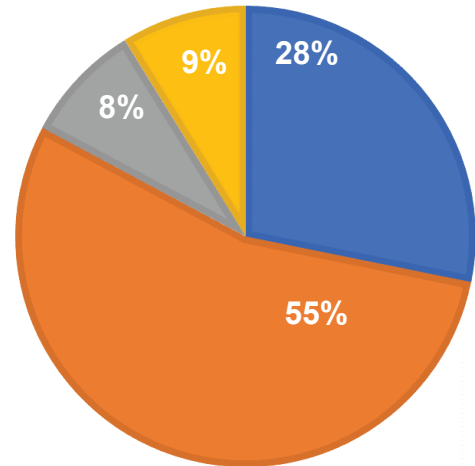
Non-Cash Revenue

Clothing & Misc Donations	379,087 *
Food Donations	240,393**

Total Income \$ **1,320,670**

2019 CASH REVENUE SOURCES

■ Contributions ■ Program Revenue ■ Grants ■ Other



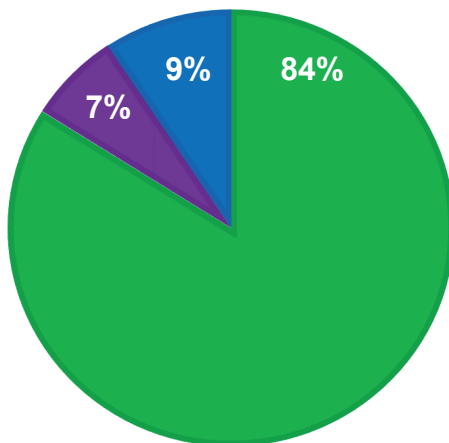
*FROM received donations of clothing and other items that were resold and inventoried for Treasures Thrift Shop.

**Food donations were used in FROM's Health Food programs like the Food Pantry and Kid's Lunch Buddies.

2019 Expenses

2019 EXPENSES

■ Program Costs ■ Management & Facility ■ Fundraising



Program Costs

Food Programs	\$	339,005
Financial Assistance		17,496
Housing		103,637
Special Programs		644,234
Christmas		
Kid's Backpacks		
Neighbor 2 Neighbor		
Income Tax Assistance		
Treasures Thrift Shop		

Management & Facility 88,632

Fundraising 122,469

Total Expenses \$ **1,315,473**

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